

How will I know how my child is getting on in Forest School sessions?

Photos from sessions will be shared weekly on our Facebook site and in our Newsletters too!

Assessment (of the EYFS) will happen regularly and will be included in your child's learning records, to be shared with parents periodically.

Forest School sessions reflect the outstanding teaching and learning which already happens in Arlesdene Nursery.

Sessions will be led by an experienced teacher and Level 3 qualified Forest School's Leader, supported by our own excellent staff and a volunteer.



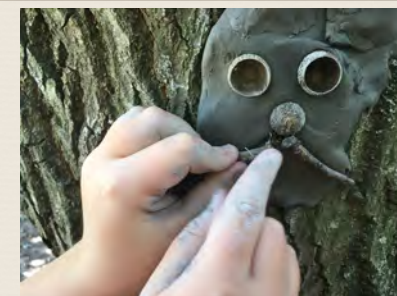
Why are we using Forest School at Arlesdene?:

Research shows us that children are stimulated by the outdoors. Taking part in Forest Schools children typically experience, over time, an increase in;

- ❖ Self belief
- ❖ Confidence
- ❖ **Learning capacity**
- ❖ Enthusiasm
- ❖ Communication
- ❖ Problem-solving
- ❖ Emotional wellbeing



Forest School at Arlesdene Nursery School



There are Forest Schools running in schools and nurseries across the globe!

This information booklet will set out how Arlesdene Nursery will use Forest School to enrich our Early Years Foundation Stage (EYFS) curriculum.



What do I need to provide?

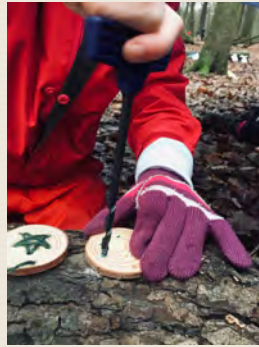


Children will spend the entire 1 hour session outdoors, come rain or shine. For your child to enjoy their session they must be warm and dry. Please provide your child with the following:

1. Wellies
2. Warm Socks. Extra pair for cold weather
3. Long trousers (thick tracksuit bottoms are ideal)
4. Long-sleeved top (2-3 layers for cold weather)
5. Hat (sun or winter)
7. Gloves/scarf for colder days
8. **Names on clothes**
9. **A SPARE** set of trousers, long sleeved top and socks with a plastic bag for dirty clothes to go home in.

Please use old clothes and let your child know that at Forest School they CAN GET DIRTY and you don't mind!

WE will provide waterproof suits so that children can play outdoors whatever the weather. They will wear these for each Forest School session.



What will a Forest School session look like?

Forest School sessions will follow the same routine each week

and this is what a typical session will look like:

Meet and Greet

The Forest School leader meets and greets **on site at Arlesdene** and assesses needs of the group.

Being risk aware

Forest School leader shares any specific hazards from daily risk assessment with group. We practice safety procedures through songs and games and risk is carefully managed.

Idea 'seeds'

Practitioner gives an introduction to the session using a story, song, game, activity, special item, puppets, characters etc., to 'seed' ideas for the children. The specific 'seed' would be selected based on observations from previous sessions.

Free Choice

Children choose which activities they would like to engage in, adults may model certain ideas and skills to support learning.

Circle time

Time at the end of a session to reflect and share.

Closing

A song, action, story, activity that takes place to signify the end of the session.

