

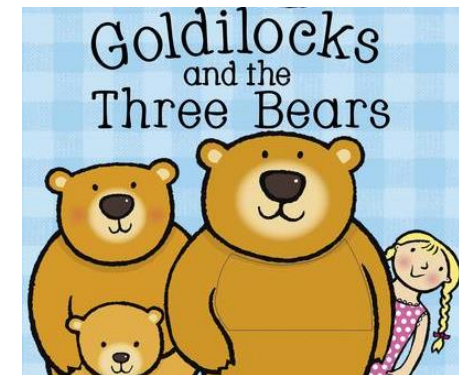


# Arlesdene

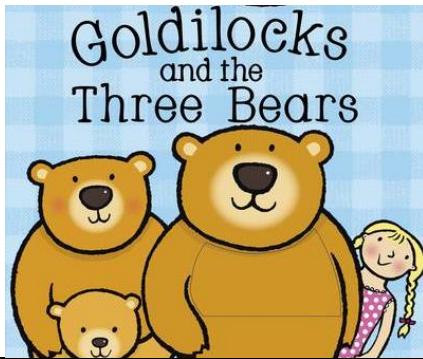
Nursery School and Pre-school

Home Learning Pack

Goldilocks and the 3 bears



Listen to *Goldilocks and the 3 bears* story



If you go to your child's colour group link on YouTube you will find the story of *Goldilocks and the 3 Bears* to listen to.

Make a bed



Using bricks or recycled items, see if you can make a bed for one of your toys. Remember to make it the right size for your toy and add a pillow and a cover too. You can even make three beds. One big, one middle sized and one small like in the story.

Make some porridge



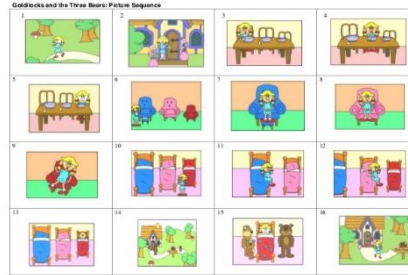
Have you ever tried porridge?  
Ask a grown up to help you make some and give it a try.  
You can add different flavours to it like raisins, chocolate chips, fruit, or honey!

## Make Bear Toast



1. Toast the bread
2. Spread with Chocolate spread
3. Add banana slices for the nose and ears
4. Place raisins on each slice for the eyes and in the centre of the banana nose.
5. Eat and enjoy!

## Retell the story



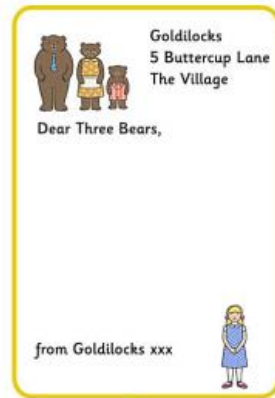
Tell someone at home the story of *Goldilocks and the Three Bears*. What did Goldilocks do in the Bears' house? What happened when they came home? try and use different voices for the different characters.

## Learn a song



See if you can learn the song *When Goldilocks went to the house of the Bears*. The words are at the end of this pack. You can watch it on your colour group YouTube link.

## Write a letter



Goldilocks was not very kind in the story. She went in to the bears house without asking and then ate Baby bears porridge, broke his chair and slept in his bed!  
See if you can write a letter to say sorry to the 3 bears.

## Find out about bears



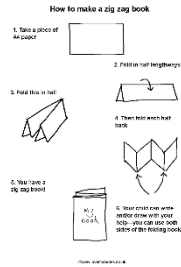
ask a grown up to help you find out some interesting things about bears. There are many types of bears: Polar bears, Brown bears, Koalas, Panda bears to name a few.  
Looking in books or on a computer, see if you can find out where they live and what they like to eat.  
You may even want to draw one!

## Sorting activity

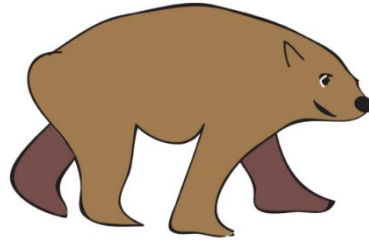


Go on a search for different things around the home. Now see if you can sort them in to different groups.  
Sort them in to hard things and soft things, rough and smooth things.

## Make up your own book



## Do the Bear Pose in Yoga



## Bear paw prints



Make simple zig zag book and then see if you can write a story or draw some pictures in it. The instructions are at the end of this pack.

- Stand up, with your legs a little apart (about hip width).
- Bend forward from the waist and grasp hold of the back of your legs with both hands just below your knees.
- Stomp forwards slowly like a big bear trying to keep your knees straight, but not 'locked'.
- Remember to keep hold of your legs with your hands.
- Growl as bears as you move around the room.
- After a few steps straighten up, to stretch out your back, then walk on as a grumpy bear making growling sounds!

Ask a grown up to find a potato and cut out a paw



print in it. Then place the potato paw in paint or mud and place on some paper or even a path outside.

## When Goldilocks went to the house of the Bears

When Goldilocks went to the house of the bears  
Oh what did her blue eyes see?  
A bowl that was huge, a bowl that was small  
A bowl that was tiny and that was all.  
She counted them 1,2,3.

When Goldilocks went to the house of the bears  
Oh what did her blue eyes see?  
A bowl that was huge, a bowl that was small  
A bowl that was tiny and that was all.  
She counted them 1,2,3.

When Goldilocks went to the house of the bears  
Oh what did her blue eyes see?  
A chair that was huge, a chair that was small  
A chair that was tiny and that was all.  
She counted them 1,2,3.

When Goldilocks went to the house of the bears  
Oh what did her blue eyes see?  
A bed that was huge, a bed that was small  
A bed that was tiny and that was all.  
She counted them 1,2,3.

When Goldilocks went to the house of the bears  
Oh what did her blue eyes see?  
A bear that was huge, a bear that was small  
A bear that was tiny and that was all.  
They growled at her *GRR, GRR, GRR*.

## How to make a zig zag book

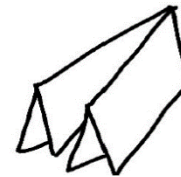
1. Take a piece of A4 paper



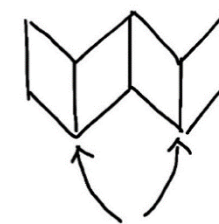
2. Fold in half lengthways



3. Fold this in half



4. Then fold each half back



5. You have a zig zag book!



6. Your child can write and/or draw with your help—you can use both sides of the folding book.

You can send any of the activities you complete to;

[nurserymagicmoments@arlesdene.herts.sch.uk](mailto:nurserymagicmoments@arlesdene.herts.sch.uk)

or

Your child's key person