

4. To be able to write their own name

Pre-Milestones

- Makes movements with arms and legs which gradually become more controlled - moves hands together/legs together
- Follows and tracks a moving object, moving head and eyes
- Uses movement and senses to focus on, reach for and grasp objects
- Closes hand firmly around objects placed in palm
- Explores hands and fingers – for example, watches them, presses hands together, clasps and unclasps hands
- When lying on back, plays with hands and grasps feet, alternating mouthing hands/feet with focusing gaze on them, and vocalising
- Reaches out for, touches and begins to hold objects, developing later on into being able to release grasp
- Explores objects with mouth, often picking up an object and holding it to the mouth for lips and tongue to explore (mouthing)
- Picks up objects in palmar grip and shakes, waves, bangs, pulls and tugs them between two hands while looking at them
- Holds own bottle or sipper cup
- Picks up small objects between thumb and fingers
- Throws toys or objects deliberately
- Stretches out with one hand to grasp toy if offered
- Releases things – for example, to drop something or give it to an adult
- Reaches and grasps a moving object by moving towards where the object will go
- Enjoys the sensory experience of making marks in food, damp sand, water, mud, paste or paint
- Manipulates objects using hands singly and together, such as squeezing water out of a sponge